

Resultater fra konkurranser

De siste årene har jeg vunnet medaljer i (de uthevede er de større titlene):

- Paris International Open Jiu-Jitsu IBJJF Championship 2014: Bronse
- London International Open Jiu-Jitsu IBJJF Championship 2014: Gull
- **European Jiu-Jitsu IBJJF Championship 2015: Bronse (EM)**
- British National Jiu-Jitsu IBJJF Championship 2015: Gull
- Grotta Grappling 2015 (Oslo, Norges største konkurranse innenfor Brasiliansk Jiu-Jitsu): 3 Gull, 1 bronse og tittelen “ Best fighter”
- Rome International Open Jiu-Jitsu IBJJF Championship 2016: Gull
- Poznan International Open Jiu-Jitsu IBJJF Championship 2016: Gull og Sølv
- Poznan International Open Jiu-Jitsu IBJJF No-Gi Championship 2016: Gull
- British Nationals Jiu-Jitsu IBJJF Championship 2016: Sølv
- Superfight OXY open 2016- 20 min submission only- Vant
- Paris International Jiu-Jitsu IBJJF Championship 2016: Gull og Sølv
- **European Jiu-Jitsu IBJJF Championship 2017: Bronse**
- London Winter International Open Jiu-Jitsu IBJJF Championship 2017: Gull og Sølv
- **Pan Jiu-Jitsu IBJJF Championship 2017: Bronse**
- Rome International Open Jiu-Jitsu IBJJF Championship 2017: Sølv
- **European Jiu-Jitsu No-Gi IBJJF Championship 2017: Gull (EM)**
- **American Nationals Jiu-Jitsu IBJJF No-Gi Championship 2017: Gull**
- Copenhagen International Open Jiu-Jitsu IBJJF Championship 2017: Gull og Sølv
- Copenhagen International Open Jiu-Jitsu IBJJF No-Gi Championship 2017: Gull og Sølv
- **World Jiu-Jitsu IBJJF No-Gi Championship 2017: Bronse (VM)**
- **European Jiu-Jitsu IBJJF Championship 2018: Gull (EM)**
- London Winter Open Jiu-Jitsu IBJJF Championship 2018: Gull x2
- New York Spring Open Jiu-Jitsu IBJJF Championship 2018: Sølv
- New York Spring Open Jiu-Jitsu IBJJF No-Gi Championship 2018: Gull og Bronse
- Zurich International Open IBJJF Jiu-Jitsu Championship 2018: Sølv og Gull
- Zurich International Open IBJJF Jiu-Jitsu No-Gi Championship 2018: Gull
- **World Jiu-Jitsu IBJJF Championship 2018: Sølv (VM)**

(IBJJF- International Brazilian Jiu-Jitsu Federation)