

JASON MOORE

DIRECTOR & MOTIVATIONAL COACH



PROFILE

A highly motivated, energetic and enthusiastic individual. Efficient, effective and thoroughly professional; a genuine, warm and caring person who accepts and masters challenges, a keen and quick learner. Guidance, mentoring and encouragement is first nature. Looking to be pivotal in people's discovery and implementing of their full potential.

CONTACT

+44 7968063825

www.jasonbmoore.com

info@jasonbmoore.com

AREAS OF EXPERTISE & SKILLS

- Mindfulness
- Confidence
- Motivation
- Goal oriented
- Directing
- Coaching
- Unconditional Positive Regard in Boundaried Setting

EXPERIENCE

- 2017-2016** **Coach / Future Foundations**
Delivering training programs for young persons across the UK.
- 2017-2014** **Coach & Mentor/Mindfulness Club**
Created a Mindfulness Club for pupils at Queens Primary School, Kew Gardens where I also have worked as a Mentor and LSA for children with special needs.
- 2017-2006** **International Theatre Director**
Working professionally as a Theatre Director in the UK and abroad for over 10 years. The last production in Norway was at FNTeater, February 2017. *Please find attached a list of selected productions relevant to this position.*
- 2015-2013** **Workshop Leader/Actor's Centre**
The Actors Centre is the UK's leading organisation supporting actors throughout their professional careers. Led workshops helping actors work through their fears around Shakespeare and other classical texts.

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EXPERIENCE CONTINUED

- 2015-2013** **Podcast producer & Host/ Actor's Centre**
"Don't be so Dramatic" is an online radio program for people in show business. We provided inspiration and guidance to aspiring and current artists.
- 2015-2013** **Motivational Speaker/The Alma Hub, London**
The Alma Hub is an integrative arts space of therapy and coaching. Offered Corporate Workshops and 1:1 Coaching.
- 2012** **Guest Lecturer, University of Bergen, Norway**
The Department of Theatre Studies kindly invited me to speak about English Theatre and the Freedom to Create.
- 2006-1990** **Early Career/ West End Performer**
Performer in the West End such as Joseph and Showboat. More info available upon request.

EDUCATION

- 2009-2008** **Bachelor of Arts, Performing Arts**
City University
- 1990-1987** **Diploma in Performing Arts**
Arts Educational