



**Landesjugendring**  
*Schleswig-Holstein e.V.*

# **Baltic Youth Exchange 2019**

## **„Balticipation“**

Educational Center

Haus Rothfos, Mözen

October 6th till October 13th 2019

Planning Visit: May 8<sup>th</sup> - May 10<sup>th</sup>



Welcome to the **Baltic Youth Exchange 2019 “Balticipation”** for young people between 18 and 25 from the Baltic Sea Region organized by the Baltic Youth Office of the Regional Youth Council of Schleswig-Holstein and the Youth Council Herzogtum Lauenburg.

The youth exchange will take place in the educational center Haus Rothfos in Mözen near Hamburg ([www.haus-rothfos.de](http://www.haus-rothfos.de))

The exchange starts **Sunday, October 6<sup>th</sup>** (arrival in the afternoon) and ends on **Sunday, October 19<sup>th</sup>** (departure after breakfast).

### **About us:**

The Baltic Youth Office is the advisory institution of the Regional Youth Council of Schleswig-Holstein for international youth work. Our goal is to promote international youth work and mobility in the Baltic region. We cooperate with different youth organizations, youth groups, government agencies and educational institutions throughout the Baltic region. For more than 25 years we have been active in international youth work.

Every year the Baltic Youth Office organizes various exchanges in the Baltic region. We also advise young people on different ways to gain experience abroad and support youth groups and associations in implementing international projects.

The Baltic Youth Office is not operating commercially, allowing for counseling will not be charged. It is open to all people interested in international issues.

### **Our focus:**

- Information and advisory institution on international youth work
- Organization of international youth exchanges and exchanges for youth workers
- Advising member organizations in the initiation of international projects
- Trainings and events on intercultural work
- Information on youth work and youth relevant topics in the Baltic Sea region

- EURODESK Advisory Agency – advice on possibilities of stays abroad

The Regional Youth Council is the representative institution/ advocacy of youth organizations in the state of Schleswig-Holstein in Northern Germany and represents about 500.000 children and young people.

The Youth Council Herzogtum Lauenburg is a regionally operating youth council within the state of Schleswig-Holstein.

The main goals are

- Promotion and support of youth work
- Promotion and strengthening of voluntary work
- Designing and implementing innovative projects in youth work
- Promotion and implementation of extracurricular education as well as recreational activities for young people
- Creation of participatory opportunities for young people



**Possible partners and participants in this project:**

As we would like to strengthen youth networks in the Baltic Sea Region, we would like to include as many countries from the region as possible. So far we already have some confirmations but we are still looking for partners. If you know a youth council or participatory youth organization from one of the countries that are not yet confirmed, please let me know as soon as possible.

We are planning to invite around 50 young people from the Baltic Sea Region to Mözen in Schleswig-Holstein, the most northern region of Germany with the happiest people in Germany (statistically proven 😊).

Therefore each partner can send between 6 and 8 participants (incl. one group leader). Group leaders can be professional group leaders or older participants with experience in international youth work.



<http://www.maps-for-free.com>

### **Description and background of the project:**

We believe that the countries of the Baltic Sea Region are closely linked. There are a number of cooperations and different networks within the Baltic Sea Region. Therefore we would like to integrate as many countries from this region as possible. Furthermore youth participation has been on the agenda of several institutions and networks.

In cooperation with the Youth Council Herzogtum Lauenburg, we invite about 50 young people from all over the Baltic region to Haus Rothfos in Mözen. This week we want to learn more about good youth participation, discuss youth participation in the participant's countries and develop ideas or projects for more and better youth participation.

In addition, intercultural exchange is a focus of the Baltic Youth Exchange.

**We will have cultural nights. Be prepared to present your culture and your group/organization in an interactive way.**

### **Profile of participants:**

The participants should be between 18 and 25. Exceptions are possible. Please check with the Baltic Youth Office, if you have younger or older participants.

**We would like to emphasize that you don't have to be active in a youth council to take part. However you should be interested in the topic of youth participation.**

### **Venue:**

The youth exchange will take place in the educational center Haus Rothfos in Mözen near Hamburg ([www.haus-rothfos.de](http://www.haus-rothfos.de))

Our thatched-roof houses are idyllically located at Lake Mözen and offer a wide variety to experience nature. Forest, lake and field for sports are situated right on your doorstep. The village of Mözen is located close to Bad Segeberg near Hamburg. We plan to visit the city of Hamburg and Lübeck during excursions.

### **Financing**

We plan to apply for an Erasmus+ grant in February. If that is not approved we will apply again in April. As you might know from Erasmus+ projects, the national groups have to be at least 4+1 (group leader) participants. Participation will be free of charge and you will get your travel costs reimbursed according to Erasmus+ rules. In order to participate, you have to be registered within Erasmus+ and need an official PIC-number.

If both applications are not approved, we will look for different financing from the Land Schleswig-Holstein and other organizations and foundations. In this case participation and accommodation will be free of charge but we have to discuss the issue of travel costs.

## **How to get there and reimbursement of travel costs and other costs:**

The nearest airport is Hamburg. If you come by train the nearest station is Bad Segeberg. We will arrange a pick up from the airport or train station. **Please contact the Baltic Youth Office, when the details of your arrival/departure are clear.**

The travel costs are reimbursed according to Erasmus+ rules until a limit that is variable according to the country of residence, see below:

Estonia max. 275 € p.p.

Finnland max. 275 € p.p.

Latvia max. 275 € p.p.

Lithuania max. 275 € p.p.

Poland max. 180 € p.p.

Norway max. 275 € p.p.

Denmark max. 180p.p.

Sweden 275 p.p.

**Please keep all tickets, invoices and boarding passes in print as we have to keep them.**

We will arrange the transfer to Mözen and back to the airport.

**All costs are covered according to Erasmus+ funding rules.**

The accommodation, program costs and meals are fully covered by the organizers.

### **Confirmed/Interested partners:**

Finland: Kuopio Youth Council

Poland: Sekretariat ds. Młodzieży Województwa Zachodniopomorskiego/  
Youth Secretariat of the Westpomeranian Region

Latvia: Kandavas multifunkcionālais jaunatnes iniciatīvu centrs Nagla/  
Youth Center

Estonia: Pärnumaa Youth Council

Lithuania: Round Table of Youth Organizations Klaipėda

Germany: Baltic Youth Office/ Regional Youth Council Schleswig-Holstein

Russia: Hanse Office (coordinating organization)

### **Countries where partners are still needed:**

Denmark

Sweden

Norway

### **Insurance:**

According to Erasmus+ regulations the Baltic Youth Office will take care of insurance, that will cover the basics.

In addition, make sure that you have the **European Insurance**

**Card** before arriving to Germany (it can take some times before it is ready, so apply for it, for free, from your national health insurance agency early enough).

### **Weather:**

The weather in Germany in September and October is very changeable, so make sure you bring enough warm clothes, boots and a raincoat, as bad weather will not stop us from outdoor sessions. 😊

**Currency:**

As in most of the participating countries, we have the Euro.

**To bring with you:**

- Your tickets / boarding passes / original receipts,
- Your European / travel health Insurance certificate,
- Warm clothes, a warm jacket, a rain coat
- Sports clothes
- Comfortable and warm shoes,
- Material for your country presentation
- If available material from your country on the topics of sports
- Ideas for your national sport(s), games,

**Contact:**

For any questions contact Markus Krajc, consultant international youth work Baltic Youth Office, E-Mail: [markus.krajc@ljrsh.de](mailto:markus.krajc@ljrsh.de), phone: +49 431/ 800 98 47

**We are very much looking forward to an interesting, enlightening and inspiring exchange in Northern Germany!!!**

